



Acupuncture & Chinese Medicine – Patient Consultation Form
Confidential

Today's Date: _____ / _____ / _____
month day year

NAME: _____ / _____ / _____
last name first name middle name

ADDRESS: _____ / _____ / _____
apt #, street #, street name city postal code

BIRTH DATE: _____ / _____ / _____ AGE: ____ OCCUPATION: _____
month day year

PHONE: home: _____ work: _____ cell: _____

EMAIL: _____

FAMILY PHYSICIAN (if any): _____ Location: _____
Phone: _____

Do you have any objections to your family physician being contacted about the progress of your condition? Yes No

How did you hear about Dr. Maryam's clinic? _____

Have you ever been treated with Chinese Medicine/Acupuncture?
 Yes: when? _____ No

Reason for today's visit (chief complaint(s)):

Your physician's diagnosis (if any): _____

Please list any prescription medications and/or over the counter drugs you are currently taking:

Please list any allergies you may have (food, drugs, herbal, environmental) if any:



Please check off any of the following symptoms you are experiencing:

Eyes, Ears, Head, Neck

- Dizziness
- Fainting
- Enlarged lymph glands
- Migraines/headaches
- Ringing in the ears (tinnitus)
- Decreased hearing
- Earaches
- Blurry vision
- Spots/floaters
- Dry eyes
- Eye pain
- Poor night vision
- Red, burning, itchy eyes
- Other: _____

Cardiovascular

- Rapid heartbeat
- Chest pain/tightness
- Irregular heartbeat
- Swollen ankles
- Poor circulation
- Other: _____

Respiratory

- Chronic cough
- Coughing up blood
- Coughing up phlegm
- Shortness of breath
- Wheezing/Asthma
- Frequent colds & flu's
- Other: _____

Nose, Throat, Mouth

- Bleeding gums
- Sinus infection
- Hay fever allergies
- Swollen glands
- Difficulty swallowing
- Bitter taste in mouth
- Tongue/mouth ulcers
- Nose bleeds
- Dry mouth/thirst
- Other: _____

Muscles & Joints

- Joint pain
- Body aches/stiffness
- Weakness in muscles
- Spinal curvature
- Numbness/tingling
- Heaviness in body
- Backache or knee pain
- Other: _____

Genito-Urinary

- Pain/itching of genitalia
- Genital lesions/discharge
- Painful urination
- Frequent or urgent urination
- Blood in urine
- Unable to hold urine
- Wake up to urinate
- Bedwetting
- Decreased sex drive
- Other: _____

Gastrointestinal

- Nausea and/or vomiting
- Acid reflux/heartburn
- Gas
- Bloating
- Bad breath
- Loose/soft stools
- Constipation
- Blood and/or mucus in stools
- Intestinal pain or cramping
- Itchy anus
- Burning anus
- Anal fissures
- Hemorrhoids
- Other: _____

Skin

- Hives
- Rashes
- Eczema
- Psoriasis
- Acne prone
- Dry skin
- Bruise easily
- Other: _____

General

- Cold hands & feet
- Fever and/or chills
- Night sweats
- Spontaneous sweats
- Recent changes in weight
- Fatigue

Fees

<u>Treatment</u>	<u>Cost Per Session</u>
Initial consultation plus Acupuncture	\$135.00
Acupuncture	\$90.00 (45 min)
Follow-up office visit (no acupuncture)	\$40.00
Herbal medicine	\$22 to \$30.00 per 1 week supply
Initial Cosmetic Acupuncture Consultation	No Charge (20 min)
Cosmetic Acupuncture (Facial Rejuvenation)	\$120.00



Patient Consent Form and Appointment Policy

While acupuncture, Chinese Medicine and other treatments provided by this clinic have proven to be highly effective in correcting conditions and maintaining overall well-being, practitioners are required to advise patients that there may be some risks. Although practitioners cannot anticipate all the possible risks and complications that may arise with each individual case, you should be aware that the following side effects can occur. If there are any particular risks that apply in your case, Dr. Maryam will discuss these with you. Some of the **possible side effects of acupuncture are the following:**

- Drowsiness can occur in a small number of patients.
- Minor bleeding or bruising can occur from acupuncture.
- Symptoms can (in rare cases) become worse before they improve for 1-2 days following treatment. This is usually a good sign. Please advise Dr. Maryam if worsening of symptoms continues for more than 2 days.
- Fainting can occur in certain patients, but this is very rare.

Privacy Policy

The information received and collected about patients from their visit to Dr. Maryam is strictly private and confidential. It is used and viewed only by the healthcare professionals and staff employed by Dr. Maryam, unless, in the best interest of the patient, Dr. Maryam determines that there is a need to communicate with another person or healthcare professional. Dr. Maryam will not give, share, sell or transfer any personal information to a third party unless required by law. Under absolutely no circumstances would this communication happen without the signed consent of the client/patient.

I understand that by signing this form I consent to Dr. Maryam using email to correspond with me regarding my treatments and other relevant health information.

Appointment Policy

Many of Dr. Maryam's patients are pleased to find out that she is on time. This is because **your treatment has been reserved for you**. With that in mind, if you're going to be more than 15 minutes late, please call to confirm availability.

A 24 hour notice for cancelled or rescheduled appointments is necessary in order to avoid a cancellation fee of \$40. This allows Dr. Maryam time to schedule another patient that would also benefit from treatment. This policy allows a mutual consideration and respect for her time and yours.

By voluntarily signing below, I show that I have read this consent to treatment, and have been told about the risks and benefits of treatments provided by this clinic. I intend this consent form to cover the entire course of treatment for my present condition and further conditions for which I seek treatment. I have read this statement and fully understand it.

Print Name _____ **Signature** _____ **Date** _____

Thank you!!

Thank you for taking the time and effort to fill these forms out. By filling these forms in detail I am able to see the whole picture of the state of your health which allows for proper diagnosis and treatment. I'm looking forward to being a part of your health journey!

In Support,

Dr. Maryam